



What to Know Before You Apply

2026 Facilitator Training for The Soundtrack of Mental Health

Please read this guide before applying. It explains the facilitator role, required dates, selection process, training expectations, authorization steps, and what happens after training.

Program and Facilitator Role

The Soundtrack of Mental Health is a series of one-hour mental wellness seminars for adults in workplaces and community settings. Approved facilitators may deliver virtual or in-person sessions using Silence the Shame presentation decks, facilitator guides, safety procedures, and evaluation requirements.

- Facilitators may use their own voice, examples, and engagement approach while staying within the approved objectives, content, timing, and safety boundaries.
- The facilitator role is educational, not clinical. Facilitators do not diagnose, provide therapy, make individualized treatment recommendations, or serve as the participant's crisis responder.
- A Silence the Shame staff member or volunteer support person will normally assist with logistics and escalation during a seminar. The one-hour seminar does not use co-facilitation.

Who Should Apply

- Applicants with adult facilitation, teaching, training, or public-speaking experience.
- People with a background in mental health education, public health education, psychology, behavioral health, community health, wellness, social services, or a related field.
- Facilitators who can explain sensitive topics clearly, use respectful and non-stigmatizing language, maintain boundaries, and respond constructively to feedback.
- Applicants who are comfortable using virtual presentation tools and engaging adults with different levels of knowledge and participation.

Licensure is preferred but not required. Professional English-Spanish fluency is preferred for bilingual consideration and may be reviewed separately before bilingual assignments are authorized.

Required Dates and Times

- Existing authorized facilitators: Refresher on Wednesday, October 28, 2026, from 5:30-7:30 p.m. Eastern Time. No standard teach-back is required.
- New candidates: Training on Wednesday, October 28, and Thursday, October 29, 2026, from 5:30-7:30 p.m. Eastern Time on both days.
- New candidates: One virtual teach-back appointment on November 5 or November 6, 2026. We will provide appointment options after selection.
- Teach-back appointments are approximately 35 minutes. Candidates should join 10 minutes early for a technology check.

Technology and Participation

Training will be held virtually. Participants need reliable internet service, a working camera and microphone, and a private environment that supports full participation. Cameras should remain available unless an approved accessibility need requires another arrangement.

What Happens After You Apply

1. **Initial review.** STS reviews the application for relevant background, adult facilitation experience, availability, technology readiness, and overall completeness.
2. **Structured review.** Reviewers consider demonstrated skills and readiness. A title, license, lived experience, or public profile does not automatically qualify or disqualify a candidate.
3. **References or screening.** STS may contact professional references and complete only the screening required by policy or a future assignment setting.
4. **Decision.** Applicants may receive conditional acceptance, waitlist status, an invitation to a future cohort, or a non-selection notice. Conditional acceptance is not facilitator authorization and does not guarantee assignments.

What Happens If You Are Selected

Conditionally selected candidates must complete the required onboarding documents before receiving full curriculum access. These may include confidentiality and intellectual-property terms, an independent contractor agreement, Form W-9, payment information, a contractor handbook acknowledgment, and virtual-access requirements.

- Curriculum access is read-only, controlled, and limited to authorized preparation, training, and STS assignments.
- Candidates with completed documents are expected to receive the digital curriculum and assigned pre-work by October 14, 2026.
- Candidates must review the materials before training and complete any assigned knowledge, safety, or technology preparation.
- Access may be removed if a candidate withdraws, is not authorized, or no longer has a valid program role.

Training and Assessment

Training prepares participants to deliver the curriculum accurately while maintaining their own professional facilitation style. It covers the seminar structure, adult engagement, virtual and in-person delivery, use of videos and activities, time management, educational boundaries, accessibility, crisis-resource language, and safety escalation.

- New candidates must attend both training sessions and complete the required teach-back.
- Existing facilitators attend the October 28 refresher and may receive an individualized reassessment only when a new topic, language, format, extended lapse, or remediation need requires it.
- Teach-backs assess preparation, clarity, content accuracy, audience engagement, time management, boundaries, and appropriate response to safety concerns.
- Missing a required session may result in deferral to a future cohort unless STS approves an alternative in advance.

After Training

By November 13, 2026, new candidates are expected to receive a written decision: provisional authorization, required remediation, or not-yet-authorized status. Completing training alone does not authorize a person to present STS curriculum.

- Provisionally authorized facilitators may be asked to complete an observed first delivery or another approved demonstration before full authorization.
- Remediation may include targeted coaching, additional practice, content review, or a repeated assessment. Completion does not guarantee authorization.

- Authorization may be limited by topic, delivery format, language, or another documented condition.

Assignments and Contractor Expectations

- Approved facilitators serve as independent contractors, not employees. Each facilitator may accept or decline any assignment.
- Training, curriculum access, provisional authorization, and full authorization do not guarantee a minimum number of assignments.
- Assignments are based on client needs, topic fit, language, location, availability, delivery format, and facilitator readiness.
- Compensation for an accepted assignment is governed by the contractor agreement or written assignment confirmation.
- Virtual seminars are typically delivered through Zoom, which STS usually manages. Some clients manage their own virtual platform. Any platform must support reliable screen sharing and video playback.

Copyright Confidentiality and Professional Boundaries

- STS curriculum, scripts, decks, activities, videos, and related materials may not be copied, shared, posted, independently translated, sold, adapted for outside use, or delivered without written authorization.
- Facilitators may personalize delivery but may not change required safety language, learning objectives, resource information, or the approved scope of a seminar.
- Applicants are not required to disclose personal mental health history or lived experience. Any voluntary disclosure should remain within the person's own boundaries and is not a selection requirement.
- Facilitators must protect participant and client privacy and follow STS safety and escalation procedures for concerns that arise during delivery.

Before You Apply, Confirm That

- You meet the adult facilitation and relevant background expectations.
- You can attend every session required for your pathway at the listed Eastern Time schedule.
- You understand that application, selection, training, and authorization do not guarantee assignments.
- You are willing to complete the required documents, pre-work, training, assessment, and safety preparation.
- You can protect the confidentiality and copyright of STS materials and work within an educational role.

Apply

Submit the facilitator training application: [Apply for the 2026 Facilitator Training](#)

Questions

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