



Silence the Shame

TEENS & MONEY

NETWORKING & FINANCIAL COPE ACTIVITY

OUTCOMES REPORT

Silence the Shame Youth Mental Wellness Community Outreach & Practice Effort (COPE) Activities are experiential learning segments to build self-care, entrepreneurship, financial health, and college/career readiness skills.

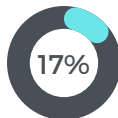
EVENT OUTCOMES

21 YOUTH SERVED

The workshop increased my knowledge of personal finance for teens.

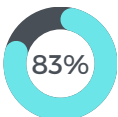


Very Much

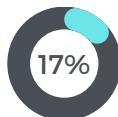


Somewhat

I will use the knowledge and skills gained from this workshop.



Very Much



Somewhat

“THIS WAS VERY INTERESTING AND A GREAT EXPERIENCE. I HOPE THEY CAN MAKE IT TO MEADOWCREEK HS.”

STS partnered with [Delta Community Credit Union \(DCCU\)](#) on [Saturday, August 26, 2023](#), at [Gwinnett County Public Library - Five Forks Branch](#) to host Teens and Money, an interactive financial workshop for teenagers to learn about basic money management and using credit wisely. Teens practiced networking with their peers and budgeting for personal and academic goals. They explored banking services, credit, and financing for college. This informative workshop was tailored to empower teenagers for financial independence. Program participants:

- Learned the importance of networking to support college and career readiness
- Explore budgeting and personal finance for teens.
- Identified strategies to plan for future goals and aspirations.

And received the following resources:

- [Finding a Trusted Adult](#)
- [Understanding Anxiety](#)
- [Connecting with Crisis Resources](#)
- [Self-Care Tips for Students](#)



Check out @silencetheshameteens for teen-created and teen-informed content!