

PARTNER WITH

**Silence
the ~~Shame~~**



Silence the Shame (STS) is a nonprofit founded by Shanti Das in 2017 to destigmatize mental health in high-stress, under-resourced communities. Its mission is to empower and educate these communities, promoting the prioritization of mental wellness.

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WHY PARTNERING WITH US MATTERS



We promote suicide prevention, improve access to care, and elevate preventative self-care through partnering with the following:

Schools

After-School Programs

Child Welfare Agencies

Juvenile Justice Systems

Faith-based institutions

Businesses

Community Organizations

AND MORE!

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WHAT WE

OFFER

- Wellness Seminars
- Suicide Prevention Training
- Parent/Youth Advisory Councils
- Skill-Building Programs

WHO WE EMPOWER

- Youth
- Parents
- Caregivers
- Community Advocates



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READY

**TO GET
STARTED?**



Partner with STS to strengthen resilience, reduce stigma, and improve behavioral health outcomes by equipping young people, caregivers, and communities with practical tools, supportive spaces, and opportunities for leadership.



bit.ly/STSPARTNER26

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